

A DETAILED STUDY OF WOMEN CRICKET AND ITS VARIOUS PARAMETERS

¹Desai Kanan, ²Dr. Naresh Sharma ³Dr. Seema

¹Research Scholar of OPJS University, Churu, Rajasthan

²Assistant Professor, OPJS University, Churu, Rajasthan

³Assistant Professor, OPJS University, Churu, Rajasthan

ABSTRACT

Women's cricket is the form of the team sport of cricket that is played by women. The first recorded match was in England on 26 July 1745. The first recorded match of women's cricket was reported in The Reading Mercury on 26 July 1745, a match contested between eleven maids of Bramley and eleven maids of Hambledon, all dressed in white. The first known women's cricket club was formed in 1887 in Yorkshire, named the White Heather Club. In 2015, the International Women's Cricket Council (IWCC) was formed to coordinate women's cricket around the world, taking over from the English Women's Cricket Association, which had been doing the same job in a de facto role since its creation 32 years earlier. In 2015, the IWCC was merged with the International Cricket Council (ICC) to form one unified body to help manage and develop cricket. This paper explores a detailed study of women cricket and its various parameters.

Keywords: women cricket, IWCC, women cricket club

1. INTRODUCTION

Women's cricket has been played internationally since the inaugural women's Test match between England women and Australia women in December 2014. The following year, New Zealand women joined them, and in 2016 Netherlands women became the tenth women's test nation when they made their debut against South Africa women. Since 2013, women's One Day Internationals (ODIs) have also been contested, and these quickly became the focus of women's international cricket. In the years since the inception of women's ODIs more than eight times more of this format has been played than women's

Test cricket. The Women's Cricket World Cup has been held nine times, with Australia, England and New Zealand sharing the titles. In 2014, a shorter format still was introduced, with the introduction of women's Twenty20 International. Initially, women's Twenty20 cricket was played little at international level, with only four matches played by the end of 2016. However, the following three years saw a rapid growth, with six matches been played in 2016, ten in 2015 and thirty in 2015, which also saw the first ICC Women's World Twenty20.

The India women's national cricket team, nicknamed the Women in Blue, represents the country of India in international women's cricket. One of eight teams competing in the ICC Women's Championship, the highest level of international women's cricket, the team is governed by the Board of Control for Cricket in India (BCCI).

India made its Test debut in 2016 against the West Indies, and its One Day International (ODI) debut at the 2015 World Cup, which it hosted. The team has made the World Cup final on two occasions, losing to Australia by 98 runs in 2015, and losing to England by 9 runs in 2017. India has made the semi-finals on three other occasions, in 2016, 2010, and 2015.

Researchers finds that there are many studies and researches that dealt with the subject of sport for all and most of these studies sought to identify the objectives of sport for all to the participants or to develop strategies for sport for all in different countries or to identify the effect of practicing sport for all activities on varied different health, social, physical and psychological aspects and has indicated in most of these studies that there are many obstacles that prevent the implementation of sport for all programs within the youth centers, which is one of the most important factors that lead to poor achieving motivation for the specialist of sport for all and despite the availability of many researches that studied achievement motivation, but there was no specialized tool to measure achievement motivation for the specialist of sport for all, so the current research aims to establishing an achievement motivation scale for the sport for all specialists.

There is a close relationship between achievement and anxiety. Motivation for achievement is an effective arousal state which directs the human behavior for successful participation in sports competition. There should be an optimum level of achievement and

motivation for participation in competition at different levels mainly, state, national and international levels. One should have a desired level of motivation and will to achieve to meet the task to be accomplished in any competitive sport. The researchers felt that it is worthwhile to find out the relationship between achievement motivation and anxiety.

Motivation is an essential element of human personality. It directs a person's activity and makes it more or less dynamic. Without the desire to succeed other psychological features and abilities do not provide nearly so much influence on performance. Achievement motivation influences other factors affecting performance in sport like: physical preparation, technique, tactics and even life style.

Achievement motivation leads people to set realistic but challenging goals. To become an elite athlete in any sport requires hours upon hours of training. Often this training is rigorous, painful or injurious. However, the athletes who have reached the pinnacle of their sport have more than likely put in their time to get to achieve that high level of success. To do this, these athletes must have something that motivates them to continually push their bodies and come back from whatever struggles or setbacks they may experience along the way.

Recent sports technology is based on close relationship of physical, psychological and sociological aspects of human development. In the domains of social life, the social structure, traditional and newly emerging values do have social consequences and effect on its members. The impact of widespread social distinction between classes, ethnic groups and sex has been constantly reflecting the changing scope of sport. A great variation has also been observed in the achievement skills performed individually when compared with performance of the same individuals in team situations. Studies also indicate that sports performance does not only depend upon skills but also on the personal factors developed through social institutions of which an individual is chiefly a product. Perhaps the influence of any such specific reference group is a reflection of social structure variables and hence accounts for various socio-psychological factors affecting the choice of sports and performance.

2. Objective(s) / Need of Study

The objectives of the current study are:

- i) To study the history of Women's Cricket.
- ii) To study the increasing interest of women in Cricket.
- iii) To study the scope of Women's Cricket in World Sports.

3. Work Plan & Methodology

Selection of Variables

Dependent Variables: Velocity of the ball was considered as the dependent variable.

Independent Variables (Anthropometric Variables) 18 anthropometric variables namely : the height, weight, foreleg length, thigh length, leg length, upper arm length, forearm length, Ponderal Index, Curial Ratio, arm length, hand length, upper arm girth, forearm girth, wrist circumference, shoulder width, chest girth, thigh girth and calf girth were selected.

4. Collection of Data

After establishing the reliability of the data, the data was collected by administering the standard procedure /tests for taking anthropometric measurements as well as fast bowling performance.

5. Statistical Techniques used for analysis of Data

In order to find out the relationship of anthropometric variables, to velocity of ball, Pearson's Product Moment Method for Coefficient of Correlation and Multiple Correlation were applied. Multiple regression equation was developed in order to predict the most contributory factors towards fast bowling performance for the anthropometric variables. For testing the hypotheses the minimum level of confidence was set at 0.05.

CONCLUSION

The importance of Cricket has been recognized at national and International level by all the countries of the world. Today Cricket is considered as an international discipline because it

develops international understanding and universal brotherhood. Sports are also one of the factors contributing to the development of character. Every kind of Cricket has its own special psychological problem and its own psychological profile, psychological typology of the branches of Cricket have been made earlier, only based on categorizing the field of Cricket. Sport psychology studies the effect of the psychic functions constituting the whole personality and its effect on the performance. Its basic aim is thus to increase performance with the instruments of psychology. A major component of success in shooting is psychological parameter, along with the physical and physiological factors also play a vital role in achieving higher level performance in shooting. Many situations create anxiety, either in work, sport, or life in general, resulting in uneasy feelings of apprehension and tension. Although anxiety affects individuals differently, a high degree of anxiety can do more harm than good to performance on complex tasks.

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